Eastbury Recreational Ground



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FSW105 For information purposes only. Bespoke item is shown on quotation





With 10 different workout stations in one, this combination package offers a superior street workout and callisthenics experience. Featuring all the essential elements for users to release their creativity, the dimensions of the pull up bars have been optimized to 32mm for the best possible hand grip. The strength of the bar is secured through a conical design and a full steal bar. The 138cm wide pull up bars are designed to give plenty of space to dynamic exercises and promote sideways exercises such as the typewriter pull up. The wide bars also allow for users to do pull ups next to each other and thereby compete or motivate each other.







1/10/13/2021

Cross Trainer with Touchscreen

FAZ52101



Item no. FAZ52101-0801		
General Product	Information	
Dimensions LxWxH	179x83x175 cm	
Age group	13+	
Capacity (users)	1	
Colouroptions		





The popular cross-trainer known from indoor fitness is now available for outdoor training. With the best ergonomics on the market, KOMPAN's Cross Trainer gives an intense workout and adds an extra intensity layer with a special sprint mode (glute mode) that allows a high-calorie workout that strengthens the gluteus and lower limbs while focusing on the core stabilizer muscles. The KOMPAN Cross Trainer provides a safe, non-impacting workout without putting unnecessary stress on the joints. The KOMPAN cardio family is designed to give users of all ages, physiques and fitness levels a cardiovascular training that keeps their heart rate above the needed 65% of their maximum heart rate. The intelligent system automatically adapts the workout to the pace set by the user, securing that the user gets a proper resistance. Besides the automatic drive the user can also choose to manually adjust the resistance, either by using the touch screen or the KOMPAN cardio APP.



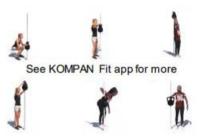
Data is subject to change without prior notice.

Magnetic Bells

FAZ102



Item no. FAZ10200-0900 General Product Information		
Age group	13+	
Capacity (users)	3	
Colour options 🧧		







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Safe free weight training in the outdoors through an innovative breaking system. The three different weights move freely up and down a vertical tube, featuring a magnetic breaking system that offers controllable resistance, and prevents the weights from dropping to the surface and slows down the fall to a reduced pace. The option to choose

between a light, medium or heavy training weight, makes the Rope Bells frame an accessible piece of equipment for both the trained and the untrained.

Sport Bike with Touchscreen

FAZ50201



Item no. FAZ50	0201-0801	
General Product Information		
Dimensions LxWxH	110x51x118 cm	
Age group	13+	
Capacity (users)	1	
Colouroptions		







Data is subject to change without prior notice.



The Sport Bike is an adjustable and interactive piece of cardio equipment which is the same quality and as equally effective as what you expect in equipment at an indoor fitness centre. The Sport bike is all about an active riding style, the frame optimized for performance riding in a forward leaning position, the height of the sport bike saddle can be adjusted so that everyone can bike in the right position. The patented, self-powered resistance units create a real road cycle experience. The resistance can adapt automatically depending on the pedalling speed, or the users can choose to manually change the resistance on the 7" touchs creen or in the KOMPAN App.